

**Inland Coalition
on Aging**

Monthly Meeting

April 22, 2025

Inlandaging.org

Agenda

Welcome

Key Points from Last Meeting

IE-MPA Updates

Presentation

Next Meeting

Last ICA Meeting

Ben Jauregui

ICA Chair

Key Points

Trauma Informed Care

Nisha Elliott, LMFT

Riverside University Health System-Behavioral Health

Discussed the need to adopt a Trauma Informed Approach

- Why - Improves consumer engagement, health outcome, wellness, etc.
- Who - client/consumer/members
- What - Discussed 6 core guiding principles such as cultural humility and equity, safety and stability, etc.
- How - It's important to know your biases. Be willing to learn and listen.
- When - Start implementing Trauma Informed Care skills NOW.

IE-MPA Updates

Carmen Estrada

ICA Treasurer

Updates

- ❖ **Need agency partners to implement IE-MPA.** If you would like to review the Strength Through Partnership presentations, or to sign your organization on as a partner*, visit InlandAging.org/partners.
 - *Note: If you have already filled out the form sent via email, you do not need to fill it out again.
- ❖ **ICA will send out an annual survey to ICA members**
- ❖ **The IE-MPA virtual launch will be in June. Stay tuned for more updates.**

- ❖ **IE-MPA Outreach**
 - **Community Awareness LiveStreams**
youtube.com/@InlandCoalitionOnAging

Help Us Spread the Word

Advocacy - The ICA will continue to send more communication requesting support on time-sensitive advocacy actions

Marketing Tools [InlandAging.org/media](https://www.inlandaging.org/media)

- Share ICA brochures and informational flyers at your outreach events.
- Post on your social media using our Social Media Kit
- Share emails you receive from us with other professionals in your community.
- Invite someone to attend an ICA meeting and become a member

ICA LinkedIn – Follow us!

<https://www.linkedin.com/company/inland-coalition-on-aging/>



info@inlandaging.org

Legal Issues Faced By Seniors

Ernie Reguly
Deputy Director
Riverside Legal Aid



Legal Issues Faced By Seniors

(Some of Them)

Ernie Reguly, Esq.
Deputy Director
Riverside Legal Aid

Affordable Housing

It is a Place Where Seniors can:

- Feel Secure (Dignity)
- Store Their Medications and DME (Healthcare)
- House Their Service and Comfort Animals (Not Pets!)
- Keep Their Life's Treasures

AND

- Worry Everyday That Someday They Will Not Be Able to Afford Their Rent



Common Ways Clients Have Lost Their Housing

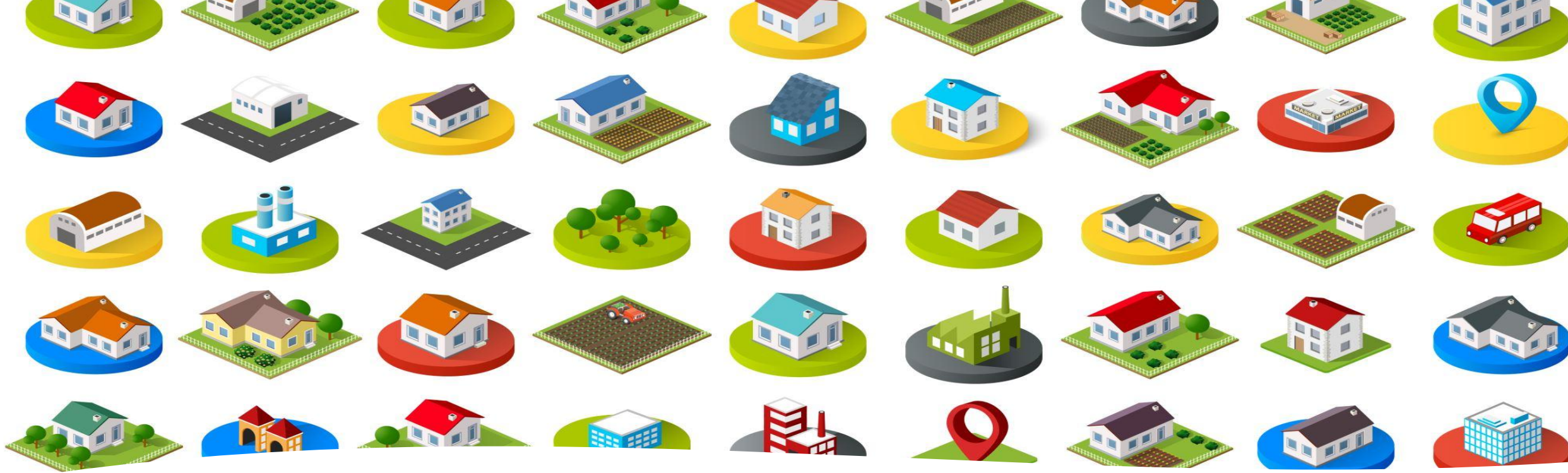
- Loss of a Spouse or Partner (and their income)
- Legal Rent Increases
- Transfer of Their Homes
 - Death of the Former Owner (Greedy Kid Syndrome)
- Sale of Their Home
 - Investor
 - Owner Move-In



Avoidable Ways Clients Have Lost Their Housing (And everything in it)

- Failure to Understand Program Requirements/Changes
 - Recertifications/Changes
 - (Section 8 Retiree)
- Withholding Rent (Never Do It!)
- Failure to Document Need for a Caregiver
- Failure to Obtain Documentation of Service or Comfort Animals. (Otherwise, they are just pets)
- Changes in Generational Norms (My little old Armenian Lady)
- Failure to respond to legal document/get assistance
 - i.e. evictions/summons





More Avoidable Ways Clients Have Lost Their Housing (Owned, Rented or Facility)

- Senior Scams
 - Romance, Refunds, Fake Bank Emails and on and on and on.
- Home Improvement Scams
 - (Free Solar or Energy Efficient Stuff)
- DPOA and POA Abuses
- RCFE Abuses
 - (Rolling You to the Curb)



Hospital and Facility Abuses

(Licensed and Unlicensed)

- Unsafe Discharges (Patient Turfing)
 - Even when they have a family and home
- Failure to Provide Care
 - (Sepsis, Refusal of Food and Worse)
- Illegal Evictions
 - (Diabetic Refused Access to RCFE)
- Overcrowding
 - (3bdr/1ba and 17 residents, cursory medical care and questionable nutrition)

Where to Go For Help

Licensed Facilities
LTC Ombudsman
800-231-6624
<https://www.coasc.org/programs/riverside-county-ombudsman/>

Riverside County Adult Protective Services
800-491-7123
<https://rivcodpss.org/elder-and-dependent-adult-abuse>

Riverside County District Attorney – Elder Abuse Unit
<https://rivcoda.org/elder-abuse-unit>

CDSS Community Care Licensing
<https://www.cdss.ca.gov/inforesources/community-care-licensing>



Where to Go For Help

California Rights Department (DFEH)
800-884-1684 (voice), 800-700-2320 (TTY) or
California's Relay Service at 711
contact.center@calcivilrights.ca.gov
<https://calcivilrights.ca.gov/>

Housing & Economic Rights Advocates (HERA)
510-271-8443
heraca.org

California Advocates for Nursing Home Reform
(CANHR)
1803 6th Street
Berkeley, CA 94710
(415) 974-5171
(800) 474-1116 (consumers only)
<https://canhr.org/>





- Probate & Decedent Small Estates
- Conservatorships
- Guardianships
- Bankruptcy
- Consumer Debt Defense
- Eviction defense
- Family Law, including:
- Dissolutions
- Spousal / child support
- Child custody & visitation
- Petitions to establish paternity
- Domestic violence restraining orders

Services provided by RLA

How To Reach Us

Indio

45561 Oasis Street, Ste 101
Indio, CA 92201
(760) 347-9456

Riverside

4129 Main Street, Ste 101
Riverside, CA 92501
(951) 682-7968

Eviction Defense

(951) 888-2039

Our Eviction Defense Program is 100% remote.
You can receive a consultation with one of our
eviction defense attorneys by phone from
anywhere in Riverside County.



QUESTIONS

Ernie Reguly, Esq
Deputy Director
Riverside Legal Aid
4129 Main St, Ste 101
Riverside, CA 92501
951-840-2232
riversidelegalaid.org

Next Meeting

Tuesday

May 27, 2025

11:00 am - 12:00 pm



**Inland Coalition
on Aging**

**Remember to complete the post-meeting survey to let us
know how we did.**

Thank You!

For more information, please visit: [Inlandaging.org](https://www.inlandaging.org)